

MINISTRY OF HIGHER EDUCATION, SCIENCE AND
INNOVATIONS OF THE REPUBLIC OF UZBEKISTAN



Termez State University

Tobacco and Smoking Control Policy



Termez 2025

1. Introduction

Termez State University (TerSU) is committed to ensuring a safe, healthy, and sustainable environment for its students, academic staff, administrative personnel, and visitors. The University recognises that the use of tobacco and smoking-related products can harm both individual health and the shared environment. In line with its dedication to public well-being and sustainability, TerSU has developed this Tobacco and Smoking Control Policy to guide behaviour on campus, promote health awareness, and maintain a clean and respectful atmosphere for everyone.

This policy supports the University's vision of becoming a health-conscious and environmentally responsible institution. It also aligns with national health standards and international recommendations for smoke-free educational environments. By implementing clear regulations and offering practical support, TerSU seeks not only to restrict the use of tobacco but also to encourage and assist those who wish to stop smoking.

2. Scope of the Policy

The Tobacco and Smoking Control Policy applies to all members of the TerSU community, including students, faculty, administrative and technical staff, contractors, and guests. It covers all areas owned, leased, or managed by the University — both indoors and outdoors. This includes academic buildings, administrative offices, libraries, dormitories, cafeterias, sports complexes, university transport, and public spaces on campus.

The policy refers to all types of tobacco and smoking-related products. This includes cigarettes, cigars, pipes, e-cigarettes and vaping devices, hookahs, heated tobacco, and any similar products that produce smoke, vapour, or aerosol. TerSU views all these as part of the same category due to their shared impact on air quality and public health.

3. Smoking on Campus

Termez State University is not entirely smoke-free. Instead, it follows a balanced approach that respects the rights of individuals who choose to smoke while protecting non-smokers and promoting collective health. Smoking is permitted only in clearly designated areas that have been approved by the University administration. These areas are located outdoors and are positioned in a way that prevents exposure to second-hand smoke in crowded or frequently used spaces. Each designated smoking area is marked with visible signage and is equipped with appropriate waste bins to maintain cleanliness.

Smoking is strictly banned in all indoor spaces such as classrooms, laboratories, lecture halls, libraries, and administrative buildings. It is also forbidden within seven meters of building entrances, windows, or ventilation systems to ensure that smoke does not drift into enclosed spaces. These restrictions apply equally to all tobacco and electronic smoking products.

Through this arrangement, the University aims to create a fair balance between individual choice and community welfare, ensuring that TerSU remains a comfortable and healthy place to study and work.

4. Enforcement and Responsibility

Every member of the TerSU community shares responsibility for maintaining a smoke-controlled environment. The University expects all staff, students, and visitors to respect this policy and comply with its rules voluntarily, guided by mutual respect and awareness of others' comfort and health.

The enforcement of the policy is overseen by the University administration in cooperation with the Security Department and the heads of faculties and departments. When a violation occurs, the matter is addressed according to existing university disciplinary procedures. In most cases, first-time violations result in a verbal or written warning, accompanied by a reminder of the policy's purpose and importance. Repeated violations may lead to further disciplinary measures as determined by university regulations. Staff violations

are handled through the University's employee conduct framework, while student-related cases are referred to the Student Affairs Department. Termez State University views enforcement not as punishment but as part of its broader educational mission — to encourage responsibility, consideration, and health-conscious behaviour across the campus community.

5. Support for Quitting Smoking

The University acknowledges that smoking is a complex habit and that quitting can be challenging. Therefore, TerSU is not only limiting where smoking can occur but also providing genuine support for those who wish to stop. Students and staff who decide to quit smoking can access guidance and assistance through the University's health services. Counselling and information sessions are available confidentially for anyone seeking advice on how to overcome nicotine dependence. The University also organises educational events and awareness campaigns that highlight the risks of smoking and promote healthy living. These include seminars, exhibitions, and outreach programmes that bring together health professionals and the university community.

In addition, TerSU cooperates with local healthcare institutions to offer access to cessation programmes and medical support when needed. The University also encourages the creation of peer-support initiatives and student-led groups that provide motivation and encouragement for individuals who want to stop smoking. By offering these opportunities, TerSU seeks to foster a supportive and understanding environment — one that empowers every member of the community to make healthier life choices.

6. Review and Development

This policy is a living document that will be periodically reviewed to ensure its relevance and effectiveness. The review will be carried out under the guidance of the Vice-Rector for Youth, Spirituality, and Educational Affairs in consultation with relevant departments. Feedback from students and staff will be taken into account to ensure that the policy continues to reflect the needs and values of the TerSU community.

Any proposed changes or improvements to this policy will be communicated transparently and implemented following official approval by the University Council.

7. Conclusion

Through this policy, TerSU affirms its commitment to creating a healthy, respectful, and sustainable learning environment. By restricting smoking to designated areas, prohibiting it in sensitive locations, and offering meaningful support to those who wish to quit, the University takes a balanced and compassionate approach to community health.

TerSU believes that the well-being of its students and staff is a shared responsibility. The Tobacco and Smoking Control Policy is an important part of that responsibility — protecting public health, promoting respect for others, and ensuring that the University remains a clean, welcoming, and forward-looking academic institution.

Entry into Force and Review

The policy is effective from 1 January 2025.

It shall be reviewed every three years, or within six months following any relevant legislative change.

Responsible Unit and Contact

Vice-Rector for Spiritual Education and Youth Affairs

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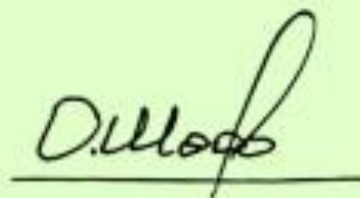
Signed by the Rector:

Prof. Abdukodir Toshkulov



Agreed by:

Obidjon Shofiev
Vice-Rector for Spiritual Education
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Gafur Togaev
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Shamsiddin Yadgarov
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